

INFORMATION LEAFLET

432 mg capsules

Lacidar® Intense

Lacidar Intense contains 10 billion lactic acid bacteria in 1 capsule. The preparation helps to intensively and comprehensively supplement the natural intestinal microflora in situations requiring additional amounts of bacteria from the diet.

Lacidar Intense is intended for children over 3 years of age, adolescents and adults, to be used to supplement the diet:

- during and after antibiotic therapy,
- in diarrhea of various etiologies,
- when changing the diet,
- and in other situations requiring supplementation of the intestinal microflora.

Composition:

potato starch, freeze-dried lactic acid bacteria (*Lactobacillus acidophilus* HA-122, *Lactobacillus casei* HA-108, *Bifidobacterium bifidum* HA-132), gelatin, anti-caking agent: magnesium salts of fatty acids, acidity regulator: ascorbic acid.

Content in the recommended daily dose:	1 capsule	2 capsules
<i>Lactobacillus acidophilus</i> HA-122	6×10^9 jtk*	12×10^9 jtk*
<i>Lactobacillus casei</i> HA-108	$2,5 \times 10^9$ jtk*	5×10^9 jtk*
<i>Bifidobacterium bifidum</i> HA-132	$1,5 \times 10^9$ jtk*	3×10^9 jtk*

* CFU - colony forming unit.

Additional information:

Lacidar Intense is a gluten-free product.

Properties and characteristics:

Lacidar Intense is a carefully selected composition of 3 strains: *Lactobacillus acidophilus*, *Lactobacillus casei*, *Bifidobacterium bifidum*, which effectively colonizes the digestive tract, helping to supplement and enrich the natural intestinal microflora in bacteria. Due to the good survival of bacteria contained in the gastrointestinal tract, the preparation is especially recommended to intensively replenish the intestinal bacterial flora during and after antibiotic therapy.

Recommended intake:

Children over 3 years of age, adolescents and adults: swallow 1-2 capsules a day with cold or lukewarm water. Do not take with hot drinks. It is recommended to use the product during or after a meal.

In case of any doubts related to the use of the product, consult a specialist who may indicate another method of consumption. Do not exceed recommended servings for consumption during the day. The dietary supplement cannot be used as a substitute (replacement) for a varied diet.

Important information:

Do not use in case of hypersensitivity to any of the ingredients of the preparation.

The storage conditions:

Store below 25 ° C in the original packaging, in a dry place, out of the reach of small children. Protect against moisture, heat and direct sunlight.

Net content: 4.32 g (10 capsules of 432 mg)

Produced in Poland for:

Ranbaxy (Poland) Sp. z o.o.

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